Violence is the result of violation. It is the violation of laws, rules, values, norms, standards of behavior and of the sacredness of human life. It is the violation of the minimum standards that define human dignity. It is the violation of dreams, aspirations and expectations. It is the breach of the non-negotiability of the opposition to commoditization of human life and its barter.

Unlike the popular belief, bloodshed is not the only, most essential or complete description of violence. The impact of violence is not necessarily the worst only when there is 'taking away' of life or a lot of bloodshed.

The victims of sex trafficking suffer from a large spectrum of violence from physical beating, sexual assaults and bloodshed to loss of hope, crashing of dreams, insults, loss of honor and self-esteem, punishment for being a victim, trampling of innocence and alienation from one's self and the society. It can be objectively perceived by the onlookers but the intensity and severity can be determined only by the individual subjected to it.

On the 25th of November 2018, #16DaysofActivism (a global campaign against Gender Based Violence) begins. Over the course of the following 16 days together let’s understand a few of the numerous shades of violence seen in post rescue and faced by the women and children we work with.